

AFTA's 46th Annual Meeting

*Supporting Couples, Families, and Communities to Live and Love Fully
Across the Circle of Life – with a Planet in Crisis*

Agenda

Thursday, June 27

11:30 am – 2:30 pm

Pre-Conference Workshop with Carmen Knudson-Martin:
Advances in Socio-Emotional Relational Therapy

11:00 am – 12:30 pm

Brief Presentation Breakouts 1 - Clarifying Self in Relationships: Family Constellation Therapy and Multicultural Approaches to Differentiation

Differentiation of Self: A Multicultural Model

Systems 2.0: Systemic Constellations - Informing and Transforming Our Clinical Practice and Beyond

Brief Presentation Breakouts 2 - Working with Oppressed and Traumatized Children and Youth

Bringing Family Therapy to Trans Youth

Child Sexual Abuse in Countries of Former Yugoslavia

Brief Presentation Breakouts 3 - New Directions in Medical Family Therapy and Family-Based Medical Care

A Microanalysis of Practitioner Influence on Patient/Practitioner Conversations

Still Radical After all these years: Whole Family Care in Cancer Care

Brief Presentation Breakouts 4 - Engaging Asian Americans in Therapy and Addressing Parenting Issues in South Asian American Families

Therapeutic Obstacles Working with Asian Americans

Parent-Child Relationships in South Asian Families

12:30 – 12:45 pm

Transition Time

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Thursday, June 27 cont'd

12:45 – 2:15 pm

**Brief Presentation Breakouts 5 - From Feet on Green Earth to
Cyberspace: Innovative Resources for Couple and Family
Therapy**

Healing Power of Green Spaces

The Virtual Third: Online Couples Therapy

**Brief Presentation Breakouts 6 - The Role of Religion in
LGBTQAI and BIPOC Persons' Identity Affirmation and
Wellbeing**

Community Sense and Religiosity in Bisexuals of Color

**Brief Presentation Breakouts 7 -Transforming Systemic
Education and Training: Highlighting Trauma and Resilience**

Incorporating Trauma Theory and Intervention into Core Curriculum of SW

*Incorporating Resilience Models in Clinical Training: Writing Strength-Based
Treatment Plans*

**Brief Presentation Breakouts 8 - Love, Relational Ethics, and
the Socioeconomic and Political Context**

Intimate Witnessing Practices: Love and Justice in Narrative Couples Therapy

The Contradiction of Love in a Neoliberal Society

**Brief Presentation Breakouts 9 - Community-Based Systemic
Interventions and the Self of the Therapist**

*"Juntos en Pareja," A Relationship and Financial Education Program for Latinx/e
Couples: Development and Effectiveness*

Serving Our Communities: Person-of-the-researcher Experiences

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Thursday, June 27 cont'd

- 12:45 – 2:45 pm **Brief Presentation Breakouts 10 - Addressing Oppressive and Challenging Experiences in the Lives of Systemic Therapists: Racialization, Ethnicism, and the Effects of the COVID-19 Pandemic**
Learning Self-Care: Transparent Dialogue between MFTs Coping Post Pandemic
Expanding our Voices and Deepening Community Connections for Early/Mid-Career MFTs
Self in Community and Context: East Asian American Reflections
- 2:15 – 2:45 pm **Transition Time**
- 2:45 – 4:45 pm **Interest Group 1 - Couple Therapy Interest Group: How do you think about your approach? Integration or specialization?**

Interest Group 2 - Recoupling in Mid-life and Beyond: From Love at Last to Not So Fast

Interest Group 3 – Teaching, Training, and Supervision

Interest Group 4 – Living in Recovery
- 4:45 – 5:00 pm **Refreshment Break**
- 5:00 – 6:30 pm **Plenary I – Working with Transgender and Gender-Expansive Families**
Presenter: Katie Heiden-Rootes
Discussants: Shawn Giammattei & Tom Su
- 6:30 – 9:00 pm **Opening Reception with Poster Sessions and Nature Art/Poetry**

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- 7:30 – 8:00 am **Qigong Session**
- 8:00 – 9:00 am **Breakfast**
- 9:00 – 11:00 am **Plenary II – Helping Couples have Successful Relationships: 40 Years of Prevention and Intervention Research across Different Communities and Nations using the PREP Program**
Presenter: Howard Markman
Discussant: Melanie Domenech Rodriguez
- 11:00 – 11:15 am **Refreshment Break**
- 11:15 am – 12:45 pm Interest Group 5 – **Murray Bowen**
- Interest Group 6 – **Integrating Arts, Humanities, and Play into Couple and Family**
- Interest Group 7 – **Family Constellation Work & Trauma**
- Interest Group 8 – **Family Therapy and the Climate Crisis**
- 12:45 – 2:00 pm *Lunch*
- 2:00 – 4:00 pm **Plenary III - Expanding the Experience of Sexual Intimacy: Culture, Spirituality, Sensuality, Aesthetics, and the Erotic Connection**
Presenters: Sameera Qureshi & David Wohlsifer
Discussant: Manijeh Daneshpour
- 4:00 - 4:15 pm **Refreshment Break**

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4:15 – 5:45 pm

Brief Presentation Breakouts 11 - Attunement to Emotions and Social Power within Couples/Families and in the Therapeutic Relationship

Mapping Emotion and Social Power: A Guide

From "Disquieting" Therapy Moments to Generativities

Brief Presentation Breakouts 12 - Developing Skill in Working with Complex Social-Locational, Cultural, and National Identities

Navigating Diversity: Challenges and Assessment Tools for Multi-Heritage Couples in Therapy

Awareness of Water: Deconstructing National Identity and ways in which Nationalistic Attitudes and Beliefs Shape Our Clinical Work as Family Therapists

Brief Presentation Breakouts 13 - New Vistas in Systemic Therapy and Service Provision in the Age of Complexity

Systemic Family Therapy in the Age of Complexity

N.E.A.R. Sciences, Common Factors, and Cybernetics

Brief Presentation Breakouts 14 - Challenges and Strategies in Working with Interracial and Racially- and Culturally-Minoritized Couples

Speaking the Unspeakable in Interracial Relationships

Integrative Culinary Therapy

Brief Presentation Breakouts 15 - New Approaches to Helping Students Thrive

The Life of our Unborn Children, a Systemically Sound Process of Integration

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| 4:15 - 5:45 pm | Brief Presentation Breakouts 16 - Transforming Academic and Work Settings to be Socially Just and Culturally Responsive
<i>Social Justice Approach to Critical Course Revision Work</i>
<i>Inclusive Relationships: From conference room to classroom</i> |
| 6:00 - 7:00 pm | Shabbat Service |
| 7:30 - 11:00 pm | Special Event at Cherry Creek National Park - Cookout and Singalong with Sky Redhawk |

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Saturday, June 29

8:00 – 9:00 am

Breakfast

9:00 – 11:00 am

Plenary IV - Facing Death and Loss: Fostering Connections, Meaning-Making, Hope, and Transformation

Presenter: Froma Walsh Discussant: Roxana Llerena-Quinn

11:00 – 11:15 am

Break

11:15 am – 12:45 pm

Brief Presentation Breakouts 17 - Challenging Patriarchal/Gender-Based Beliefs to Promote Fairness and Mutual Respect

Sustaining Therapeutic Change: Couple to Society

“She Asked Me to Consider Her:” A Pro-Feminist Approach to Relational Accountability with Men and Boys

Brief Presentation Breakouts 18 - Rupture, Repair, and Relationship Dissolution

The Power of Repair: Utilizing the Therapeutic Apology, to Repair the Parent-Child Relationship

DEI and Justice: Program Leaders' Needs and Challenges

Brief Presentation Breakouts 19 - Culturally-Sensitive Adaptations of Empirically Supported Couple Therapies

Culturally Contextualized Integration of Gottman, Emotionally Focused, and Systemic Approaches in Couple Therapy: An Analytical Case Study from Dhaka, Bangladesh

Attack the Problem, Not the Person: Helping Black Couples unpack conflict using the A.D.A.P.T. Model

Brief Presentation Breakouts 20 - Individual Personality Styles and Disorders: Systemic and Social Constructionist Perspectives

Personality Traits as Predictors of Psychological Well-Being: Mediating Role of Marital Control

A Social Constructionist Critique for Narcissistic Abuse Treatment

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11:15 am – 12:45 pm

**Brief Presentation Breakouts 21 - How Do We Develop our
Theoretical/Therapeutic Approach? Two Perspectives**

*Have You Found Your Theory-of-Change Soulmate? A Presentation on Systemic
Theoretical Orientation Scale*

Basic Miracles: A Love Letter to Experiential Family Therapy

11:15 am - 1:15 pm

2-hour session

**Brief Presentation Breakouts 22 - Culturally-Sensitive and
Institutionally-Transformative Approaches to Training**

Honoring All of Us: Decolonizing the Supervisory Relationship

Training Psychiatry Residents in Couple & Family Inclusion

12:45 - 2:00 pm

Lunch on Your Own

2:00 – 4:00 pm

**Plenary V - One Sky, One Planet, Our Home: Family Therapy
and the Earth Crisis**

Presenters: Sky Redhawk, Larry Freeman & Hinda Winawer

Discussant: Pauline Boss

4:00 – 4:15 pm

Break

4:15 – 5:15 pm

Post Plenary Action Groups

“One Sky, One Earth, One Home”

Research and Epistemology

Larger Systems

Clinical/Community Interventions

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4:15 – 5:45 pm

**Brief Presentation Breakouts 23 - Working with
Disenfranchised Grief and Supporting Clients at the End of Life**

Living with Disenfranchised Grief

*Supporting End-of-Life Experiences Through Relational Ethics: Conceptualizing
the Use of Contextual Therapy to Promote Healing and Hope*

**Brief Presentation Breakouts 24 - New Approaches to Helping
Students Thrive**

*College Student Flourishing: Outcomes on Mental Health of College Mentoring
Program Engagement*

*From Surviving to Thriving: Building Community for Counseling and MFT
Trainees*

**Brief Presentation Breakout 25 - Working with Neurodiversity
in Couple and Family Therapy**

No Ordinary Love: Neurodiversity in Intimate and Family Relationships

The Neurodiversity Affirming Therapist

7:30 pm – 11:30 pm

Closing Banquet